

# Town & Village

www.townandvillage.ie



Ranelagh • Rathgar • Rathmines • Terenure • Portobello • Donnybrook • Ballsbridge • Sandymount



**Local Area News**  
9 pages covering local news for Dublin 4, 6 & 8

**Heartbeat Ball**  
page 4

**Sport Galore!**  
pages 14 - 15



**Times Past**  
Leinster Road:  
a closer look  
page 16

**WIN RDS Horse Show tickets**  
page 18



## Rostrevor House, the story continues

By Colm Daly.  
The Rostrevor House nursing home in Rathgar was engulfed in national controversy last week after the Health Service Executive secured a court order to transfer management of the home to the HSE.

Inspectors from the Health Information and Quality Authority said they had uncovered serious allegations of physical and verbal abuse, which had been reported to the gardai. The home is run by members of the well known Lipsett

family who have denied any abuse by their carers of elderly people in Rostrevor house.

HIQA has revealed five key allegations against a particular care assistant known as 'P' in a court affidavit.

In one instance, 'P' is alleged to have banged a residents head against a door jam and asked staff members to say the resident fell and hit his head. The case was reported to the owner of the home but no action appears to have been taken. It was also alleged that the same care assistant kicked a resident a number of times on the floor.

In another case it is alleged, the same care assistant routinely took a female resident to the bathroom on his own. According to the affidavit, when he did so, staff members said that they could hear the resident screaming in the toilet and that this was a regular occurrence.

During inspections carried out on 25 and 26 May, HIQA inspectors discovered an alarming history of falls, injuries and other incidents in a...

(Continued page 2)



Rostrevor House nursing home in Rathgar

### Lucinda Creighton TD

Minister for European Affairs  
Contact: 619 4561  
E: lucinda.creighton@toaiseach.ie  
Dept. of An Taoiseach, Government Buildings, Merrion Street, Dublin 2  
Clinic times:  
Mondays 6pm St. Andrew's Resource Centre  
Mondays 7pm Ringsend Community Centre, Thorncastle St., Ringsend



www.lucindacreighton.ie

### Eoghan Murphy TD



FINE GAEL  
Constituency Office  
Opposite Ranelagh Triangle  
Call or email for an appointment

Eoghan Murphy, Fine Gael T: (01) 618 3324  
E: eoghan.murphy@oir.ie www.eoghanmurphy.ie

## Bike Highway Nears Completion



By Iain O'Connor.  
The new bike highway, which runs along the banks of the Grand Canal, is nearing completion.

The highway, which will be officially opened in conjunction with Bike Week which starts on the 18th of June, runs along the city side of the canal

and will offer riding space to commuters and leisure cyclists. The highway is open in most places along the canal between Adamstown and the Grand Canal Dock area, although the section between Inchicore and Rathmines is still a mystery. (cont. page 3)

Web Design

Logos

Branding



### Climb the Google Rankings

Manage your own site, Full training  
Web design, CMS & SEO & E-Commerce

- High Standard of design & layout
- ON or OFFSITE training & support
- E-Commerce, E-zines & Web Advertising
- Photography & video design

Unit 1, 15 Oxford Lane, Ranelagh, D6  
T: 4966004 • www.paragondesign.ie



Contact Clodagh Murphy

## Go local, go Gunne!

Experience and local knowledge, that's what makes us Dublin 4 and 6's No.1. If you are selling your home and need to talk to people with local expertise contact Clodagh at the Triangle.



Gunne Ranelagh at the Triangle.  
Tel: 01 4995050. www.gunne.ie



Your Local Letting Agent

4966444

www.brackenlettings.com



## Delivered Door-to-door



**10,000 copies distributed to your local communities of D4, 6 and 8**

**Publishers:** Town and Village Ltd

**Advertising Manager:** David Paton / Brendan O'Regan

**Contributors:** Margaret Morris, Gavin Beattie, Iain

O'Connor, Karen Sloan, Colm Daly, Enid O'Dowd

**Photography:** Peter White, David Paton, Gavin Beattie

**Production and layout** by www.paragondesign.ie

(All ads are drawn up by Paragon compliments of Town

and Village Ltd. (01) 4966 004 • www.townandvillage.ie

**Contributions to:** subs@townandvillage.ie

**Distribution:** Paul Curley Distribution

Disclaimer: All rights reserved. No part of this publication may be reproduced in whole or part without the permission of Town & Village Ltd. Opinions expressed in Town & Village are those of respective contributors and not necessarily those of Town & Village Ltd, its editor, or those associated with the publication. While every effort has been made to ensure all details are factual and correct at time of print, Town & Village Ltd cannot be held responsible for errors or omissions contained within. While Town & Village Ltd welcome contributions, we cannot take responsibility for unsolicited manuscripts or images.

## The secret to advertising is repetition

Think about it, how many times have you seen an ad in a magazine or newspaper and said to yourself "Great! That's exactly what I need". Then put the paper down and over the next few days said to yourself, "Now where did I see that ad?"

**That's where repetition comes in. People basically need to be reminded of your product or service on a regular basis.**

Remember, "out of sight, out of mind". That's why one-off ads don't really work. Unless of course you are advertising a concert or a sale, which usually only requires a single ad. The best way to get your ad noticed is to repeat it so you create repetition or what advertising people call "branding".

No matter how small the ad is, get yourself a website. Oh, did I mention we do that as well?



Just look at the Charles Atlas ad above, it was produced in the 1960's. Imagine if he had had a website then! He could have been selling his ideas over the internet. So, if you're not in, how do you expect to win?

## Rostrevor: the story continues

(Continued from page 1) ...sample of eight residents. It found 24 recorded incidents of falls in seven of the eight residents, which occurred last year and this year.

The owners of Rostrevor house attempted to have the court order transferring management to the HSE overturned but Circuit Court

President Judge Matthew Deery. He said he was satisfied that the HSE was the body now running the home and it had to make decisions concerning the welfare of residents.

Meanwhile, a director of the Rostrevor Nursing Home has said that she never received any

complaints about the care that they were receiving. Sarah Lipsett said allegations were 'completely unfounded'.

She said that allegations made by three care workers to HIQA inspectors were do with an internal staff dispute.



## St Luke's campaigners meet Health Minister Reilly

Minister says Luke's won't close but 'will not stay the same'  
By Margaret Morris

Entrance, St. Luke's Hospital

**Representatives of the Save St Luke's Campaign met Health Minister Dr James Reilly on June 9 to discuss the future of the Rathgar hospital, Ireland's one existing 'centre of excellence.'**

The meeting was arranged by Dublin South East TD Lucinda Creighton, and was also attended by newly elected local Labour TD Kevin Humphreys who is a cancer survivor, and by senior officials from the National Cancer Control Strategy (NCCP).

After the new government came in, it was announced that Minister Reilly had put many of Mary Harney's closure plans on hold pending his review. But when Campaign Chairman Joe Guilfoyle asked him if St Luke's was one of the projects on hold he admitted he 'hadn't looked at it.'

Minister Reilly said, 'Nothing will happen to St Luke's on my watch. I don't see it closing but it's a big site. It's not going to close but it's not going to stay the

same. Times change, developments change. I'm an open book on change.'

Ranelagh woman Enid O'Dowd PRO of the Campaign who attended the meeting said she was disappointed the Minister would not commit the hospital and grounds to long term cancer use.

However she said, 'I feel reassured that there is no danger of the hospital and lands being sold off under this Minister. The law passed by Mary Harney last year permits it to be sold if the Minister of Health consents, and this is very unsatisfactory. Minister Reilly did say he would consider a simple amending bill to make it impossible to sell the site without this being discussed in, and agreed by the Dail.'

The Campaign claims it has been having difficulties getting accurate information about the phasing down of services at St Luke's and an official source had told the Campaign that no medical staff had been transferred to the new

improve after this meeting.'

Pressed on the lack of patient consultation in the decision to close St Luke's the Minister said he hoped to improve patient input into health policy and mentioned the Irish Patients Association and the Irish Cancer Society as organisations the Campaign might get involved with in the interests of patient input.

Joe Guilfoyle stressed that while the Campaign supports the new cancer centres because of increasing cancer cases, it feels that ex Minister Harney's description of the new cancer unit at James's as 'built with cancer patients in mind' was a sick joke.

He said, 'it's an ugly building crammed in between the underground car park and some old prefabs. There are no beds and no catering in the new unit which is an 'outpatients centre' only.'



New Cancer Unit, St. James' Hospital

Kilian McGrane responded by saying that the campaigners should see inside the building which has an atrium giving wonderful light. Pressed about the dilapidated prefabs which are only a few metres from the main entrance he said they might be removed at Phase 2 stage (which is several years away).

The Campaign book launched by presidential hopeful Senator David Norris, **Cancer in a Cold Climate: the shafting of St Luke's Hospital** is available in local shops including Rosalin's newsagents in Dunville Avenue, Ranelagh and Dubray Books, Swan Centre Rathmines. The book describes the background to the flawed decision to close St Luke's, how Mary Harney rail-roaded her bill to close it through the Dail and also contains moving patient stories.

**The campaign can be contacted at savestlukes@eircom.net www.savestlukes.ie Facebook Save St Luke's Tel: 087 6395790**



Pictured in the Dail after St Luke's meeting Kevin Humphreys TD, Enid O'Dowd, Dr James Reilly, Min. for Health, Joe Guilfoyle, Lucinda Creighton TD

centres which contradicted information obtained informally.

However, NCCP Manager Kilian McGrane agreed that medical staff had in fact been moved but stressed that any moves were 'voluntary.' He admitted that some nurses who had put their names down for transfer had subsequently withdrawn their names.

O'Dowd continued, 'Luke's hospital management asked us to deal directly with the NCCP when the HSE took over. Initially we got replies from the NCCP but a long letter sent in mid January, asking among other things about the retirement and non replacement of four linear accelerators has not been answered months later despite reminders. We are hoping that communications will

**Personal or Company Tax Returns to do? Thinking of starting your own business? FREE Consultation!**

Drop in or call to make an appointment.  
Late openings, open through lunch

TaxAssist Accountants, 64 Lower Camden Street, Dublin 2.

Email: [dermotkane@taxassist.ie](mailto:dermotkane@taxassist.ie)

[www.taxassist.ie/camdenstreet](http://www.taxassist.ie/camdenstreet)

**T: 407 0658**

Find me on:

**facebook®**





# Bike Highway Nears Completion



(from front page)

The council have reportedly surveyed the area but have yet to announce whether or not they will be upgrading the cycle lane.

Never the less, the cycle and walk route looks like it is going to be a great success with local cyclists already availing of the facility. "I kind of see it as being a bit like the M50 but for cyclists" local cyclist Harry Wilkinson told Town and Village, "I use the city bikes for getting around

the city and coupled with the new bike track it is really easy to get around. It runs down almost to the door of my apartment so I couldn't be happier with it."

The Grand Canal cycle route includes its own sets of cycling specific traffic lights, although these are yet to be turned on, and its own junctions as to make it safer and faster for cyclists to get around the city and indeed to help leisure cyclists to enjoy the views of the waterway. The cycleway also has very few

road crossings which makes it a much quicker option for cycling around the city.

Safety for cyclists and pedestrians is something that also springs to mind when considering the new cycle and walking route and with plans to extend the route between Rathmines and Fairview on the north side of Dublin cycling conditions in the city look set to get much better.

Details of bike week are available on [bikeweek.ie](http://bikeweek.ie)

# Lucinda Creighton Weds



Dublin South East TD Lucinda Creighton married Senator Paul Bradford on April 29. Lucinda met her husband to be in the Dail when she was first elected in 2007.

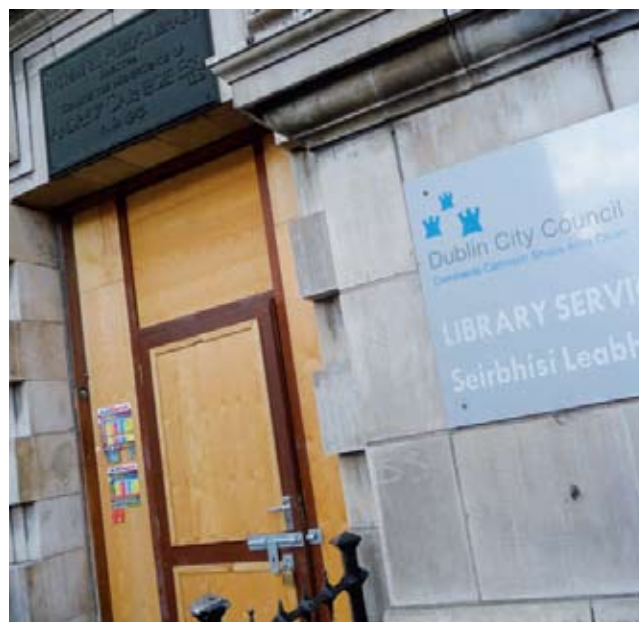
Setting a wedding date was complicated because relations between the coalition partners soured last year making a gen-

eral election imminent.

Busy Lucinda, now the Junior Minister for European Affairs, has not yet taken her honeymoon. She hopes to take it in August when the Dail is in recess.

The couple now live in Sandymount.

# Rathmines Library



Rathmines library remains closed due to refurbishment and building work.

A temporary library service is available at 2 Parker Hill, off Lower Rathmines Road.

Improvements include a fully accessible entrance, a lift to all floors, improved signage, a new counter and fully accessible public toilets

Rathmines Library is scheduled to re-open next month.

# MORTON'S JUNE OFFERS

MEAT FROM LAWLOR'S, QUALITY BUTCHERS



Award Winning Craft Butcher

## BBQ OFFER

BBQ PACK ....4 CHICKEN KEBABS, 6 HOMEMADE BURGERS, 1LB SAUSAGES, BUNDYS, CHEDDAR 200G, KETCHUP...

ONLY €19.95

BUTTERFLY SPRING LAMB LEG, PLAIN OR MARINATED,

€13.95/KG ...ALSO

PREMIER MILK 1 LITRE ONLY €1

A SELECTION OF KELLOGG'S CEREALS ONLY €2



Morton's 15 -17 Dunville Avenue, Ranelagh, Dublin 6.  
Tel: 01 497 1254 [info@mortons.ie](mailto:info@mortons.ie)





Castleknock girls Niamh Medlar, Niamh McGuinness and Siobhan Gildea



Adrienne Davy, Castleknock, Eavan Fallon, Blackrock, Julie Dolan, Portobello



Above: Dr Ross Murphy, St James' Hospital, Dr David Mulcahy, Tallaght Hospital & Marie Green, CRY.



Jessica O'Dowd, Ranelagh, Michael Armstrong, Terenure, Anna Finnegan, Portobello



Serena Mizzoni, Emma Quinn, Blanaid Lynch and Laura Sparrow



Ball organising committee Katie Gallagher, Declan O'Brien, Maraid Ni Choine, Shane Power, Joanne Bannon

## Portobello young professionals fundraise for CRY

Heartbeat Ball at the National Convention Centre May 28 for CRY

**By Enid O'Dowd.** Six years ago, a nineteen year old medical student collapsed and died on the first tee at Clontarf Golf Club. The student, Eamonn O'Coine, had just completed his first year exams at Trinity and was about to go to Calcutta for the summer to work in a school for orphaned girls.

Eamonn's close friend physio-therapist Shane Power (25) who lives in Portobello still remembers that dreadful day.

'When he was eleven Eamonn contracted pneumonia and while he was in hospital it was discovered he had hypertrophic cardiomyopathy which is a condition leading to the heart muscle becoming thickened. He was monitored after that but we never expected him to die so suddenly and so young. We became friends at Belvedere College. He was an amazingly talented person, gifted academically – he achieved 600

points in his leaving certificate, he was good at languages and at sport yet he also cared passionately about social justice and was President of the school Vincent de Paul Society which worked in the inner city.'

Shane together with medical intern Anna Finnegan and Declan O'Brien, who works in financial services for Morgan Stanley, also friends of Eamonn and living in Portobello, helped to organise the Heartbeat Ball on May 28 at the new Convention Centre to raise funds for CRY (Cardiac Risk in the Young), a charity set up in 2002 by parents and relatives who have experienced sudden and unexplained deaths.

The charity aims to raise awareness about sudden cardiac death, provide counselling and support for the families affected and to fundraise for the Centre for Cardiovascular Risk in younger persons (CRYP) at Tallaght Hospital.

The late Dr Garret Fitzgerald opened the Centre in November 2008. The Centre now has a clinic at St James' Hospital and hopes to develop a clinic at St Vincent's University Hospital. There are over 5000 deaths from sudden cardiac arrest every year in Ireland with 15% of these deaths relating to the under 35 age group. The subject has gained a certain profile in recent years with the deaths of sportsmen like Cormac McAnallen from this problem.

Shane points out that 'CRY receives no government support whatsoever so is entirely reliant on fundraising and on donations from individuals and other charitable organisations. People can donate online at [www.cry.ie](http://www.cry.ie) if they would like to help us.'

**The Heartbeat Ball was a great success and raised over €16,000 for CRY.**



DCU students, James Burke & Claire Shanahan with the 2011 judging panel at the Accenture Leaders of Tomorrow Awards

# South Dublin Students Runners-up in National Accenture 'Leaders of Tomorrow' Awards

Three separate project entrants, all including students from Dublin's south side, have been announced as runners-up at this year's Accenture Leaders of Tomorrow Award, making them three of only six finalists in the nationwide competition.

Templeogue local, Peter O'Neill's 'Greenzone' idea was for a social networking platform and portal for the green and sustainability sector. Peter is a MSc Management Consultancy student at UCD Michael Smurfit Graduate Business School.

Mark Wiley and John McGovern, both from South Dublin, along with their project partner Maeve Farrell from Castleknock, came up with 'RealRoute' - a GPS tracking system and Smartphone technology to deliver real-time information to clients and their end users. They are all MSc Strategic Management and Planning students at UCD Michael Smurfit Graduate Business School.

Also from Templeogue, Claire Shannahan and her project partner James Burke from Mayo, developed 'Drivefeed' - a road safety system which facilitates

peer-sharing amongst drivers and other road users. Claire and James are both Masters of Business Management students at Dublin City University.

Mark Ryan, CMD Accenture Ireland said, "We started this award scheme four years ago to find those young individuals with the talent to make it to the top. While that objective remains unchanged, the Leaders of Tomorrow award has matured to such an extent that we are now also seeking out the individuals with the most innovative and commercially viable business concepts.



Luke McGuire

# Remembering Luke

Family, friends and neighbours of Luke McGuire, of 27 Oakley Road, were devastated to hear of his untimely and sudden 'passing' on Thursday last. Just 26 years of age, Luke, who went to Scoil Bhríde, the High School and DBS, was completing his Masters in the University of Ulster, Derry.

A gifted musician and songwriter, and a good and kind friend, Luke will be missed

by many, many people. His father, Brian, and mother, Marie, are two of the most popular people in Ranelagh and are very much involved in a number of local organisations and activities.

Our deepest sympathies go to Brian and Marie, his brothers Ben and Joe, his sister Eva, his aunts, uncles and cousins, indeed to all the extended McGuire and Rooney families, and Luke's many friends.



# A Marathon Effort

24 Hour Radio Broadcast raises funds for Special Olympics

By Iain O'Connor. The June bank holiday weekend was a busy one for two budding radio presenters in Dundrum. In aid of Special Olympics Ireland, Ciaran O'Connor and Karl McDonald decided to host a special 24 hour broadcast on local community radio station, Dublin South FM.

Having spent months preparing their schedule and setting up text lines, webcams and doing all sorts of publicity 11 am on Sunday the 5th June finally arrived and set the clock rolling on what would be a very long 24 hours for the lads. When he spoke to Town and Village, Karl admitted that they may have underestimated their task when they started off. "at the start we were a bit unsure of the scheduling and how it

would all work out and just generally the scale of what we were doing" "the first 8 hours actually flew by with guests that included bands in studio to professional cyclist Nicolas Roche."

Speaking to Nicolas Roche over the phone, just after a race, was one of the major high points for the lads but both Ciaran and Karl agree on their most memorable visitor. "Our favourite guest was reptile keeper Collie Ennis. She brought in all kinds of creature for us to hold from snakes, monitor lizards to a fully venomous tarantula".

With Karl and Ciaran having some quite visual guests in the studio, they decided to set up a webcam so people could visually check in on them throughout the 24 hours. "I think the greatest

success of the whole thing was the webcam because it gave us much more of an opportunity to interact with the listeners". It also gave them an opportunity to put the donate text number up on screen constantly as a reminder of what the 24 hours was for, raising money for the Special Olympics.

A final tally on the money raised has not been calculated yet. With all donations being in text form working it out takes slightly longer, but the lads are both very positive about their efforts. "Myself and Ciaran both agree that no matter what amount of money raised, as long as it was something, the 24 hours was well worth it" explained Karl. The attitude from the word go on the broadcast seemed to be to have fun and raise both money and awareness for Special Olympics Ireland. Something that became increasingly tough as the hours went on.

"Once the guests stopped coming in the time stretched out and tiredness began to creep in but we kept each other going with music and laughs" explained Karl "the last hour was the toughest as eyes were beginning to close but we knew we were close."

With the broadcast over, the pair had feelings of achievement and an overwhelming exhaustion to go along with the money raised for a worthy cause. Ciaran and Karl can both be heard as part of the show Teenage Kicks on Saturdays at 2pm on Dublin South FM 93.9.



Dermot O'Kane

# Need accountancy or tax advice?

Local man Dermot O'Kane runs our local branch of Tax-Assist at 64 Lower Camden Street. If you dread making personal or company tax returns, or simply need advice on starting your own business drop in to, or call Dermot to make an appointment. Dermot can advise on all aspects of tax and accounting and accomodates late openings and lunch appointments. [www.taxassist.ie/camdenstreet](http://www.taxassist.ie/camdenstreet)

## OC architects & design

67A Ranelagh Village, Dublin 6  
 T: 01 491 3919 M: 086 364 7614  
[www.ocarchitects.ie](http://www.ocarchitects.ie)

# voucher:

remodel...

restore...revive

This voucher is valid for a one hour, in house, architectural consultation

- Full architectural service
- One-off house design
- House extension & refurbishment design
- Interior design
- Retail design
- Office design
- Sustainable design & advice
- Building surveys
- Snag lists
- Future proofing & accessibility design
- Insulation upgrade service
- Project management
- Fire safety cert applications

Redeemable at OC Architects & Design, 67A Ranelagh Village,  
 T: 01 491 3919 M: 086 364 7614  
[www.ocarchitects.ie](http://www.ocarchitects.ie)

## THANK YOU FOR YOUR SUPPORT IN THE GENERAL ELECTION

Kevin  
**Humphreys**  
TD

Leinster House, Kildare Street, Dublin 2  
Office: (01) 618 3224  
Mobile: 087 298 9103  
Email: kevin.humphreys@oireachtas.ie

  
**Labour**



Please don't hesitate to  
contact me on any issue



Ken Doherty

## New Academy Right on Cue for Terenure

By Iain O'Connor  
Terenure is set to become a hub for developing new snooker talent with the opening last month of the Ken Doherty Snooker Academy. The Academy, which was opened on the 29th May, is based behind Brady's pub and could do wonders for Irish snooker.

Former world champion and south Dublin native Ken Doherty is the man behind the academy which it is hoped will

not only give local, up and coming cueists a place to fine tune their potting skills but will also bring talent from around the world to Terenure for periods of intensive training.

The opening was attended by many legends of the game including Jimmy White and John Virgo, both of whom who had joined Ken for an exhibition evening as part of the Ranelagh Festival a few months ago, as well as John Parrott and Cliff Thorburn.

Even with these superstars of snooker in attendance it was down to Ken's mother Rose to cut the ribbon and declare the Academy open.

Snooker halls usually bring up images of dark, smoke filled rooms that are usually quite daunting for younger snooker players but the Ken Doherty Academy is a move away from that, promoting an environment for young starlets of the game to flourish.

More details of courses and the Academy are available on [kendohertry.ie](http://kendohertry.ie).

# SCR COMPUTERS - Ranelagh

## LAPTOP APPLE & PC REPAIRS

### Tel: 01-516 96 92

- Sales and Repairs
- Laptop - PC
- New & Used
- Networking
- Web Design
- Apple Mac
- iPhone
- Mobile Phones
- Games Consoles
- Television
- Laptop Chargers
- Broken Power Pins



# Garret Fitzgerald Remembered

By Eoghan Murphy TD

I remember the first time I met Garret, I was canvassing for the local elections outside Mortons in Ranelagh. It was my first time canvassing and I was wearing jeans and a shirt. Garret pulled up in his car and got out to do his weekly shop, I introduced myself. He stopped, looked me up and down, paused, and said I wasn't smart enough to be a candidate. He went in and did his shop and I deflated into the ground. Next week I was back outside Mortons, only this time suited and booted.

I saw him a couple of times after that, but when we next spoke, it was the first morning of the new Dáil. We bumped into each other on Dawson St coming out of the Ecumenical service. He congratulated me, and I reminded him of our first meeting. He said he didn't remember! We spoke about the campaign, about the constituency. I asked him if I could call around to have a chat and get some proper advice, and he said no problem. Only, I never did.

Garret FitzGerald was the first politician I was ever aware of. He was the TD in my constitu-

ency and my parents spoke of him often. I can't quite explain why, but from a very young age he always represented honesty, decency, and intelligence in Irish public life. Now I represent the constituency that he once did, and the people that he once did. And I seek to emulate those qualities in my service to the public. That is what his life means to me. But I know it means even greater things to so many more.

Garret FitzGerald died this month. We are the richer for his life.



## Progress Good at Ranelagh BOI Site

As you can see from the picture above, the new Bank of Ireland building in Ranelagh village is taking shape nicely.

After speaking with developers MKN Property Group, Town and Village have learned that the exterior of the building is

due for completion in the next month. The interior, which is not being finished by MKN, is due for completion this October.

Local Bank of Ireland customers have told us they are eager for the new building to be

open for business again as they presently need to make a longer trip to either Leeson Street or Rathmines.

The project looks as if it will be spectacular when it is completed. Bank of Ireland have currently merged their

Ranelagh branch services with their Leeson Street branch until work has been completed on the new building.



## Charlemont Street Regeneration gets go ahead from An Bord Pleanála

By Iain O'Connor. The Charlemont Street flats are to be the first redevelopment under the public-private partnership schemes which collapsed in Dublin in 2008. The new development will see the five acre site revamped to hold 253 new apartments, the majority of which will be for social housing.

The development has been given the go ahead by An Bord Pleanála but work cannot begin until the National

Treasury Management Agency has approved the deal. Dublin City Council has said it is very pleased with the decision of An Bord Pleanála to allow the regeneration to go ahead.

Alcove Properties have been given permission to proceed with the development which will include the demolition of the 200 flats on the five acre site and the building of 253 new apartments. 139 of these will be social housing, with 16 being offered as affordable housing

and the remainder being private apartments.

The original application had been for 260 apartments in five blocks with the tallest being eight stories in height but planning permission was only given for 253 apartments with the maximum height being six stories.

The regeneration of the site will also include office space, a multi-plex cinema, a sports centre, shops and restaurants which

is unlike other previous public-private partnership developments but it is the inclusion of these other amenities which makes this development more viable with the sites proximity to other business districts.

The current flats, some of which date back to 1944, will be demolished in order to make way for the new development which will also include the previously demolished site of St.Ultans flats which were knocked in 2001.

## Bomb Hoax No Laughing Matter

A young man has been handed a three year jail term for calling in hoax bomb threats in the Rathmines "for a laugh."

Shane McKeever, twenty years old from Leo Fitzgerald House, pleaded guilty to making two false bomb reports and to stealing €1,200 from the Field and Vine shop on the Upper Rathmines Road in 2009.

On both bomb hoax occasions, February 25th and June 8th 2009, residents were evacuated from their

Rathmines homes for over an hour while the Army Bomb Disposal Unit were called in. McKeever admitted his role in the hoax calls but claimed that he had been put up to it. He also admitted his role in the Field and Vine robbery.

McKeever was handed a three year sentence, with the last year suspended, and it was also noted in court that this was an appropriate term as he has had "plenty of chances" and has 34 previous convictions.

The one-stop-shop for insurance

- Car Insurance
- Van Insurance
- Home Insurance
- Public Liability
- Surgery/Office



Call now on (01) 478 20 20

44 Harolds Cross Road,  
Dublin 6W  
info@aan.ie  
www.aan.ie



# Recharge your Batteries at the new Ranelagh Holistic Centre

Summertime is a time for fun, for joy, for relaxation. We all know that the Irish weather cannot be depended on, and we can't all afford a holiday to get away from it. Instead of feeling that you'll never get a break this year, why not book in for a relaxing Reiki treatment at the Ranelagh Holistic Centre?

Reiki is a gentle, relaxing energy practice that recharges your "energy batteries" and gives you a sense of peace, balance and calmness. A one hour session feels like the equivalent rest period of a full night's sleep, or one day on a crowded, sunny beach! But it's more than just feeling like you are catching up on sleep - Reiki allows you to release emotions you may be carrying (such as disappointment from the lack of sunshine!) and your body can then fill up with new, fresh energy that revitalises and

invigorates, bringing a renewed enthusiasm for life. Just what you need to get through a rainy summer!

Our Reiki practitioner, Abby Wynne, recently featured in Woman's Way magazine. Here's what the magazine editor had to say about Reiki with Abby: "Usually I have about 700 things in my head but I just felt at ease - and slept beautifully". Reiki is a great stress-buster.

As well as coming to Ranelagh Holistic Centre for treatments, you can also learn Reiki for yourself. The Centre offers yoga classes, Psychotherapy and Counselling, Shamanic Energy Healing and Breathwork.

There are guest workshops too, so keep an eye on our website for new, upcoming events. As a special summertime deal, you can claim 20% off

your first Reiki session if you mention this article when booking.

Contact Abby Wynne for more information  
 14 Oxford Road, Ranelagh, D6  
 Tel: 087 659 3626  
[www.abby-wynne.com](http://www.abby-wynne.com)  
[www.ranelaghholisticcentre.com](http://www.ranelaghholisticcentre.com)  
[www.facebook.com/RanelaghHolisticCentre](https://www.facebook.com/RanelaghHolisticCentre)




**MEAGHER'S**  
 pharmacy  
*Your Health. Your Life. Your Pharmacy*

69 Ranelagh Village • Tel 01 4971665  
 Open Mon-Thurs 9am- 8pm / Fri 9am -7.30pm  
 Sat 9.30am-6pm / Sun 1pm-6pm  
 22-24 Sandford Rd., Ranelagh • Tel: 01 4986970  
 Open Mon-Fri 8.30am-6.30pm / Sat 11am-3pm



## Prevention is better than cure

The importance of regular medical check-ups

blood test - measures a protein made by prostate cells. The higher the PSA level, the more likely the chance of prostate cancer; digital rectal exam - the health care provider inserts a gloved, lubricated finger into the man's rectum to feel for any irregular or abnormally firm area that might be cancer. While it is uncomfortable, the examination isn't painful and takes only a short time.

**Testicular examination**  
 These are tests to check for abnormal swellings which may be a sign of testicular cancer. Cancer of the testicles is rare and occurs mostly in men under the age of 40.

**Avalon**  
 Complementary Therapy Centre

Tel: 087 22 71 298  
 91 Terenure Road North, Dublin 6  
[www.avaloncentre.com](http://www.avaloncentre.com)

**ASHLEAF**  
 PSYCHOANALYTIC PRACTICE

Adolescent & Adult  
 Psychotherapy/Psychoanalysis  
 Private & confidential professional practice in the Ranelagh area - APPI member

T: (01) 498 3069 M: 087 148 8066  
 E: [info@ashleafpractice.ie](mailto:info@ashleafpractice.ie) & [www.ashleafpractice.ie](http://www.ashleafpractice.ie)

**Scheduling medical appointments when you're feeling fine may seem like a waste of time. But as the old saying goes; 'prevention is better than cure'.**

Regular medical check-ups will pick up any potential problems, allowing you to take steps to either prevent them or begin early treatment. Many large employers insist that their executives have a full medical exam every year. If your company does not do this, do it yourself.

**What should be included in a full medical examination?**  
 Your health care provider may refer you to a specialist physician for your examination. A typical medical for both men and women will include:

**Your medical history**

**Vital statistics**  
 Your height, weight, blood pressure, heart rate, breathing

rate etc.

**Blood and urine tests**  
 To check for things like cholesterol and blood sugar levels

**Skin examination**  
 To check for suspicious moles or growths

**Sool test**  
 Looks for hidden blood

**Eye examination**  
 To check vision, exposed blood vessels and the condition of the retina

**Ear examination**  
 To check for infection and wax build-up

**Heart examination**  
 To check heart rate, possibly an ECG to check for heart defects

**Abdominal examination**  
 To check liver and spleen size, feel and listen to the bowel

**Neck examination**  
 To listen for abnormal noises, blood flow and to check the thyroid gland

**Lymph node check**  
 For abnormal swelling and tenderness

**Nerve reflexes**  
 Tapping the knees, ankles and other points

**Breathing test**  
 To check lung capacity which can be affected by smoking, asthma or other conditions

**Chest X-ray**  
 Depending upon circumstances, for example, smoking or history of heart or lung disease

There are some specific tests for men and some for women.

**Tests for men**  
**Prostate examination**  
 These are tests to check for signs of prostate cancer. There are two common tests: the PSA

**Test for women:**  
**Breast cancer screening**  
 A test to detect possible tumors is done by mammography: a mammogram is an X-ray of the breasts which shows lumps and growths. Radiologists recommend a mammogram every two years from the age of 50 years. A lot will depend on your circumstances, for example whether you have a family history of breast cancer.

**Pap smear**  
 A test to detect early signs of cancer of the cervix involves taking a minute scraping of tissue from the surface of the cervix with a spatula. The sample of cells is then analyzed microscopically at a laboratory to detect any abnormal cells which may be pre-cancerous.

All in all, you may not have to undergo all of these tests, but it is good advice to see your doctor on a regular basis and keep them informed of any changes in your health.



# Pamper yourself...

By Karen Sloan



**If you are stressed out and need some time for yourself set aside sometime to pamper yourself. You will feel a lot better and more relaxed.**

### A Nice Hot Bath

Run yourself a hot bath, but not too hot! Pregnant women should not take hot baths. Remove your jewelry and put it into a jewelry cleaner. Put your clothes into a laundry basket. Make sure the bath tub is very clean. No mess beats an organized clean living space. Do not stay in the bath for more than 20 minutes.

**Dim the lights** in your bathroom so it's darker or just go by candle light. Reflective glass, colored glass, and mirrors can be a huge help to add to the feel of a temple. Get in the bath and forget all your worries. If you like, massage your scalp and neck touching acupressure points.

**Apply some nice lotion** to make your skin feel soft. You can scent almond oil with any pure essential oil scent. If you like, go back into a shower now to rinse off switching from hot to cold until your skin is rosy and pink. Afterwards, hop out and rub a thick lotion into your skin starting at the toes extending to the feet, ankles, calves, knees, under the thigh, the top of the thigh, the hips, the buttocks, the waist, the belly, the breasts, the collar bone, the neck, behind the neck, the shoulders, the back the arms, the elbow, the wrists, and

from hand to hand massaging the hands. Roll your neck and stretch your back.

**Put on some comfy pajamas** and a dressing gown. Looking pretty in a gown helps, splurge on a nice dressing gown or pajamas. Dress for bed like you would dress for a ball!

**Paint your nails** and toenails. When they dry put a clear coat so the nail polish wont start chipping as quickly. Try coconut oil on your nails, it will help them grow and keep them nice. If you prefer, use a nail polish without the bad ingredients in it...you'll find at a health store. Trimming your nails keeps you from getting grime under the nail bed. Filing your nails works too.

**Make yourself a nice hot drink** e.g. hot chocolate. If you drink green tea, it has flouride in it and will make your teeth whiter, plus, it's healthier.

Add lemon to it and your body will absorb the calcium. Add honey to it and your body will absorb energy in terms of carbohydrates and sugars. If you drink hot chocolate go without milk like the Aztecs did and just drink the cocoa with hot water and some chili powder.

**Drink your drink in bed.** Have a bed in breakfast small table over you while you sip tea or another hot beverage or a smoothie veggie or fruit, nuts, eat a yummy salad with

lots of color in it. Eat some grains if you like, maybe a flax muffin or "bliss balls." It's a good idea to use a silk or satin pillow as this will keep your hair from being damaged.

*"...splurge on a nice dressing gown or pajamas. Dress for bed like you would dress for a ball!"*

**Watch TV or a film** or listen to some relaxing music in your bed Try listening to an audio book or if you have someone who will read to you, it can be nice. A book tightly shut is just a block of paper. Maybe read an inspirational book, some Chinese proverbs, or reflect on your new year's goals. Write in your journal or

diary. Keep it by your bedside to write in it in the morning so you can listen and pay attention to that inner voice using at least 3 pages of free writing.

Place a hot heating pad under or over irritated muscles or joints. Rub chap stick into your soft lips. It's a good idea to chew on fruits, veggies, and nuts in the meanwhile.

Turn out the lights in your bedroom and think of relaxing or calming thoughts until you fall asleep. Chamomile tea will help you sleep. Holding something will also help such as a long body pillow, a teddy bear, your pet animal, or your love.



## Swan Flowers

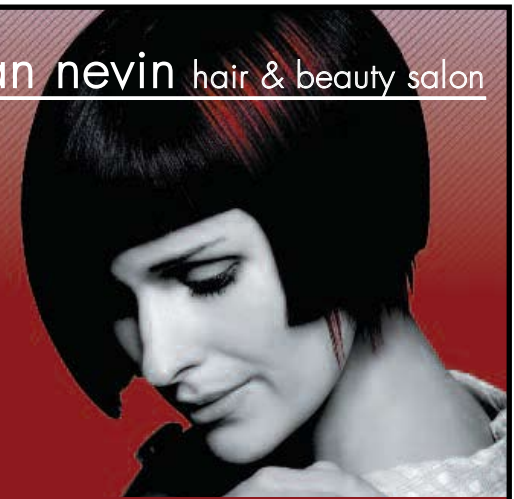
The Swan Centre,  
Rathmines

(under the escalator)

**Tel: 496 0720**

Corporate Services • Hotels  
Weddings • Restaurants  
Hospitals • Special Occasions

ciaran nevin hair & beauty salon



For appointments call 4055256

6 Rathfarnham Road, Terenure Crossroads, Dublin 6  
Tel: 4055 256/7 • www.ciarannevin.ie

Skincare, Bodycare, Make-up, Tanning  
Fragrances, Accessories, Bags, Advice & more...

Dolledup.ie

www.dolledup.ie



## Thai Well CENTRE

- Thai Massage
- Herbal Massage
- Hot Oil Massage
- Sauna
- Bangkok Footcare
- Back, Neck & Shoulder
- Thai Hot Stone Massage
- Thai Pre/Post Natal Massage

...conducted by highly qualified Thai therapists

Thai Health Centre, 53 Ranelagh Village, D6 T: (01) 497 0888  
E: relax@thaiwell.ie  
www.thaiwell.ie

No queues, no car parks, no fuss...  
take your time on line.  
www.prettygirlthings.ie

Pretty girlie things .ie



Skin Rejuvenation, Laser Hair Removal,  
Skin Correction, Specialised Waxing,  
Electrolysis & much more...

66 Ranelagh Village, Ranelagh, Dublin6  
Tel: 01 498 2505 • www.rougebeauty.ie



## D Four Urban cafe

Irish food... with a twist!

5 Uppr. Baggott St. T: 254 1813

## Bellagio Restaurant

Early bird menu  
Mon-Thurs 5pm-7:30pm

Tel: (01) 492 7625  
92 Terenure Road North, Dublin 6W

## BANGcafé

11 merrion row, dublin 2  
ph: 676 0898  
www.bangrestaurant.com

## TENORS GRILL ROOM

Main courses €10  
Extensive menu to suit all.  
Healthy kids and coeliac menus.  
1 Belmont Avenue, Donnybrook  
Tel: (01) 283 0407  
www.tenorsgrillroom.ie

## TIPPENYAKI RESTAURANT

"Experience the TIPPENYAKI style of cooking & Enjoy your Irish Steaks cooked in front of you with the spectacular show from our Chefs"  
Our Dinner Menu starts from €14.50  
Combination Menu from €26.50

We also serve a wide selection of Sushi (Available for Takeaway)  
We also offer a Sushi Master Class From Our Well Experience Sushi Chef  
"if you want to learn a little bit of Sushi making!"

Timings: Monday to Friday: Lunch 12:30-3:00  
Dinner: 6:00-10:00 (Last Order)  
Saturday & Sunday: Dinner 4:00-10:00 (Last Order)  
39 Castlewood Ave. Rathmines D6 (Near Swan Centre)  
No service charge

Tel: 01 4979463 Email: bookings@tippyenyaki.ie • www.tippyenyaki.ie



# Eating out in Dublin 6

There is nothing worse than going for an evening out in the City Centre, grabbing something quick to eat, not going for a drink afterwards and still arriving back to your car owing the GDP of a small nation in parking fees. Is it not much more relaxing to dine out locally? Simply walk, or take the LUAS to a local eatery and dine out at your own leisurely pace without the worry of parking fees, taxi fares and a long journey home.

Ranelagh, Rathmines and Rathgar have long been noted for their wide variety of restaurants and pubs and have deservedly developed a reputation for be-

ing some of the premier areas in the city for dining out.

For variety and quality you will not find better than these local restaurants located right on your doorstep.

So why not leave the car at home, hop on a LUAS and go for a nice sit down dinner and a few drinks?

What could be more enjoyable than a nice meal in comfortable surroundings, a bottle of wine and some great company?

**You'll be spoilt for choice when deciding where to go, the company is up to you!**



## Review: Ranelagh Players The Pillars of the Community

By Pdraic Marren  
The Ranelagh Players have proved ambitious in their choice of play this year, "The Pillars of the Community" by Henrik Ibsen, which was staged recently in Scoil Bride Ranelagh.

The play is about how corporate and personal sin become entwined and feed upon each other, and the hypocrisy of those who care more about the rules of behaviour than they do for the people those rules are meant to govern. At a time when Ireland is financially and emotionally

scarred from bank bailouts, ghost estates to zombie hotels never has a play held such resonance.

The story tells of Karsten Bernick who is perceived as a moral guardian defending his small town from the ravages of immorality. However his morality is a sham! 15 years earlier he was involved in a sexual and financial outrage that caused a terrible scandal in his small provincial town. Karsten was saved from ruin when his friend Johan, who fled to America, agreed to take the

rap for Karsten's misdemeanours. Karsten has since married Johan's sister Betty whom he dominates like a cruel tyrant, reminding her of her brother's 'offences'. However, Johan's sudden return from America, along with his half-sister Lona, sets up a chain of events that threatens to destroy Karsten's standing.

The acting varies from good to excellent. Shane Connelly is engaging as Karsten Bernick. In his climatic speech before the community, Bernick demonstrates a singular lack of merit when he righteously divulges some of his

crimes. This performance is an outrageous piece of moral blackmail and a blatant sales pitch for himself as controller of the public railway.

Overall it is a wonderful production by director Mark Nagle despite the difficulties a small performance space presents for a cast of 21.

The Ranelagh Players capture the essence of Ibsen's play that contrasts freedom and oppression, retribution and redemption.

## Punjab Balti Restaurant & Take away

Bookings: 496 08 08  
See [www.punjabbalti.ie](http://www.punjabbalti.ie)  
for our Specials

Find us on

facebook®

Present this ad for a €5 discount on your next meal at Punjab Balti

(excludes takeaways. offer ends 31/7/11)

15 Ranelagh Village, Dublin 6

Punjab Balti



# Ranelagh Arts News Update

Wayne Soper and Tim Cullen of Irish Band The Hot Sprockets with Shane Mac Gowan at the "Something About Mary" Exhibition opening night.

It's all go at the Ranelagh Arts this summer! The diversity of our local art centre is remarkable, from holding auditions for the Focus Theatre, rehearsals for 'Shakespeare in the Park', poetry evenings, art exhibitions, web design classes, gigs, art classes, music lessons, pop up shops and film screenings, no two days are the same in the vibrant creative atmosphere of 26 Ranelagh!

In May the centre hosted an exhibition entitled "Something About Mary" curated by Rosita Sweetman. The show featured a huge collection of Virgin Mary's from around the globe. Rather than dwelling on religion "Something About Mary", celebrated Mary as a goddess, as a symbol of female strength and motherhood. The show was opened by Shane Mac Gowan who gave Rosita her first Mary piece - a drawing on a floor tile.

The Mary show was followed by another successful exhibition "Clear Skies", Michael Palmer's debut solo show of acrylic paintings. The self taught local artist showcased a huge amount of diverse work in vivid colours. The Ranelagh Arts Centre were delighted to report a record number of sales!!

Resident Artist Emily Robyn Archer, the teacher of the Ranelagh Arts Centre's successful art classes is hosting an Art Camp from 18th- 21st July. The theme is Jungle Boogie.

Next on the cards at the centre is "Bloom" an exhibition of paintings by Frank O'Dea's starting on 21st of June and running until the 25th. The show is curated by Tony Strickland. Frank has developed his own unique style in the use of vibrant colours with regular themes including cafe/bar scenes, musicians, social encounters, fashion models and some 'quirky' subject matters.

One event the centre is really looking forward to is the Zine/



Sculptor Imogen Stuart, Writer Rosita Sweetman & Artist Sarah Bracken at the "Something About Mary" Exhibition.

Artist Book/Independent Publishing Fair that will take place on Saturday the 27th of August. It will be accompanied by live music from band Gypsy Rebel Rabble and will be followed by a screening of "\$100 and a T-shirt", a documentary about zines and zine makers from Portland, Oregon. So pop down to support independent press and get your hands on some beautiful limited edition publications!

Culture Night this year will be held on Friday the 23rd September.

Ranelagh Art's Centre will be open until late and all are invited to attend. There will be a film screening by Conor Horgan at 6pm followed by a lecture presented by Ronan Sheehan entitled "Colmcille and the Irish Copyright Tradition". There will also be music and performance on the Triangle and in local pubs, so lots to look forward to there!

A new event to follow Culture Night this year is the Ranelagh Cycling Festival, taking place on 24th and 25th of September.

The event will include a cycling film night, an amateur bike race around Ranelagh Village, competitions, exhibitions, workshops, street performers and coverage of the World Championship Road Race!

**Ranelagh Arts Centre,  
26 Ranelagh, D6.  
www.ranelagharts.org  
Facebook Ranelagh Arts  
info@ranelagharts.org  
Tel: 085 7437 212**



Artist Jean Doyle



Helen Gavigan & Victoria Mary Clarke

## Connolly Chartered Accountants



### Services Provided:

- Accounting
- Bookkeeping
- Auditing
- Taxation
- Business Advice

**First Consultation FREE**



Frank Connolly



Contact: Frank 086 811 8914  
Sean 087 679 4049  
info@connollycharteredaccountants.ie  
www.connollycharteredaccountants.ie

NICK'S

www.nickscoffeecompany.com

# COFFEE COMPANY



- Sat & Sun at The Food Market, Phoenix Park
- Every Thurs at Mespil Road
- Every Friday at Sandyford
- Food & Design Winter Fair-Belvedere

**CUT OUT THIS AD AND PRESENT IT FOR A FREE CUP OF COFFEE!**  
(valid until end July 2011)

Ranelagh - Open 7 days / nxt to Superquinn & Thurs-Sun at Ranelagh Village Market

## Aiden Lavelle LANDSCAPING / GARDENING



**General Property Maintenance  
No job too big or too small  
Free Quotations  
Based in Ranelagh  
T: 087 1603954  
Email: aidenlavelle13@gmail.com**



The one-stop-shop for insurance

- Car Insurance
- Van Insurance
- Home Insurance
- Public Liability
- Surgery/Office



Call now on (01) 478 20 20

44 Harolds Cross Road,  
Dublin 6W  
info@aarán.ie  
www.aaran.ie



Free Estimates



**G2**

Construction Ltd

create • construct • complete

Contact: Gareth: 086 8527 926 or  
Greg: 086 3836 359 Templeogue, D6W  
www.g2construction.ie



### Qualified Professionals in Horticultural Garden Design, Construction & Maintenance

Experienced in Residential Design and Build projects Amazon creates outdoor spaces to meet the needs and lifestyle of the garden owner. We provide full planning, design and landscaping services. Contact Edward Cullen on

Tel: 406 0004



**AMAZON**  
GARDEN DESIGN • CONSTRUCTION • MAINTENANCE

info@amazongardendesign.ie • www.amazonlandscaping.com



Gearoid McDonald of Fingal Allotments, winners of the 2010 RDS Allotment Provider Award

## RDS Launch 2011 Allotment Awards

The RDS is pleased to announce the launch of the 2011 RDS Allotment Awards. Now in their second year these awards have a total prize fund of €3,000 and strengthen the Society's commitment to promoting biodiversity in Ireland. Demand for allotments has never been higher and the desire to grow fresh food at an affordable price is now stronger than ever. The RDS Allotment Awards aim to recognise the hard work, dedication and attention to detail that is being undertaken by those involved in allotment gardening and also to promote an area that encourages people to become more aware of rural issues.

Dr Mary Forrest, of the RDS Committee of Agriculture and Rural Affairs and one of the members of the judging panel, is looking forward to visiting this year's entries. She said, "People

are really passionate about growing their own produce at the moment. Last year the standard of entries was extremely high and we are anticipating that it will be just as good this year".

Application forms are available on the RDS website: www.rds.ie/agriculture or via email at agriculture@rds.ie and by calling the RDS Agriculture Foundation on 01 240 7215. Closing date for entries is Tuesday, July 5, 2011. Judging of the allotments will take place over the summer with an awards ceremony taking place in the RDS in the autumn.

For further information please contact: J.P. Montgomery, The RDS Marketing Department.  
T: 01 2407 222  
jp@rds.ie or Paul Farrelly  
RDS Development Executive  
T: 01 2407 215 paul.farrelly@rds.ie



Gareth Roche and Greg Farrell of G2 Construction with happy customer John Cashman, of Cullenswood Park

## G2 Construction get the job done

G2 Construction Ltd are delighted to confirm that they have completed another successful project in the area on behalf of John and Barbara Cashman of Cullenswood Park.

The project entailed a complete refurbishment of John and Barbara's home including Kitchen Extension, Attic Conversion, External insulation, Drylining, Windows, new heating/plumbing and electrical works throughout. For further information or to obtain a free estimate see www.g2construction.ie

## Your Bathroom & Stairlift Specialists



O'Connor Carroll Bathrooms are a mark of quality. We create beautiful, elegant and finely crafted bathrooms. The essence of O'Connor Carroll bathrooms is our quest to build the perfect bathroom for you. We strive to constantly improve our product, to be market leaders in terms of quality and service and to build truly beautiful bathrooms. We also provide a free, no obligation call-out service.

**LoCall: 1890 911 910**

or Mobile: 087 257 9538 to book an appointment or email us at info@oconnorcarroll.ie

**O'Connor Carroll**

www.oconnorcarroll.ie



### Stair Lift Promotion

The Acorn Superglide Straight Stairlift is now available at a special offer price of only

**€1,700 (+VAT)**

# Thinking Of Selling? Go local, go Gunne



Call us for local knowledge and expertise at 01 4995050.



We have been selling property for over 50 years



**Clodagh Murphy** MCSI  
Email: [c.murphy@gunne.ie](mailto:c.murphy@gunne.ie)



**Marian McQuillan** scsi  
Email: [m.mcquillan@gunne.ie](mailto:m.mcquillan@gunne.ie)



**Peter Fahy**  
Email: [p.fahy@gunne.ie](mailto:p.fahy@gunne.ie)



Gunne, 31-33 The Triangle, Ranelagh, Dublin 6. Tel: 01 4995050 Fax: 01 4995059 Email: [ranlaghoffice@gunne.ie](mailto:ranlaghoffice@gunne.ie) Web: [www.gunne.ie](http://www.gunne.ie)



Your Local Letting Agent

**4966444**

[www.brackenlettings.com](http://www.brackenlettings.com)

interior design excellence



Contact Laurent & his team on **086 224 2328**  
Transform your interior with our 2 hours, half day or full day interior design consultations.

## For sale by Owner

## Reduced to Sell



**12 Oxford Lane, Ranelagh, Dublin 6**  
Spacious Office/Studio Warehouse located in Ranelagh, Dublin 6  
Superb location  
Guide price: **€165,000**  
Close to LUAS and within easy walking distance of the City

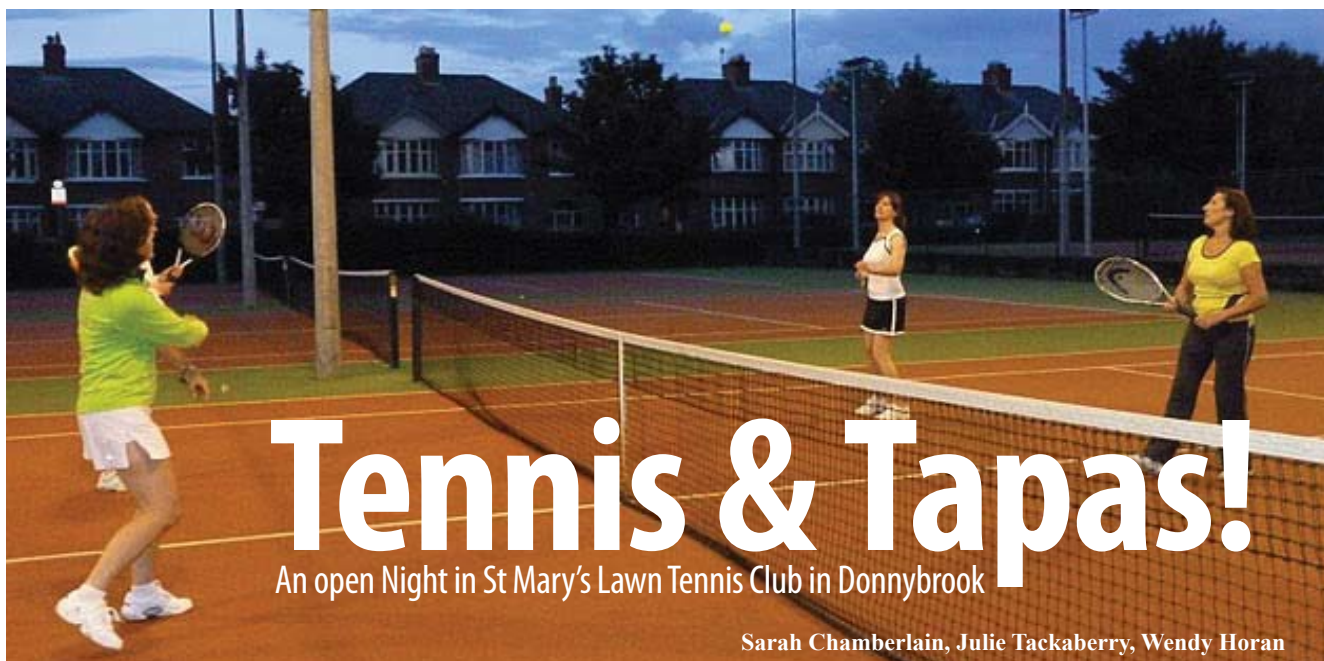
Would suit: Small Business, Gym etc.  
Potential for a variety of different uses



- Walk-in condition
- Alarmed with security shutter
- Own door entrance
- Security gates
- 560 sqft - potential to expand into loft
- Shared parking

To view call David on **01 4966 004**

Call: **David on 4966 004**



# Tennis & Tapas!

An open Night in St Mary's Lawn Tennis Club in Donnybrook

Sarah Chamberlain, Julie Tackaberry, Wendy Horan

**Dublin, Thursday 9th June – St Mary's Lawn Tennis Club celebrated a night that appealed to a wide range of tennis players of all ages for an evening of fun at its clubhouse located on Belmont Villas in the heart of Donnybrook.**

The theme was tennis and tapas, an evening filled with fun and open to all levels. Singles, doubles, or beginners attended the open evening. Spots prizes were also given out on the night.

Lisa Cuddy, Head of the Membership Committee said: "We have over 300 members and the club is growing from

strength to strength.

We made this evening's event accessible and open to many club members and were delighted to see the public came and saw the great amenities St Mary's can offer to locals.

Many local clubs and schools use our facilities each week and this night was no different in welcoming everyone."

**St. Mary's Lawn Tennis Club Belmont Villas, Donnybrook, Dublin 4. Contact: Anna-Maria Barry 086 2272072**



Mary Keogh, Karen Casey, Fiona Duffy, Claire Williamson



Pictured above: Eanna McHale, Wendy Horan, Paddy MacNeill, Jane Tynan, Julie Tackaberry, Robert Cuddy, Denis Taylor, Carl Tsignos



Eanna McHale, Robert Cuddy, Paddy MacNeill



Fiona Duffy



Fionnuala Glennane, Jill Lacey, Fiona McHale



## Gaels Ready for Championship Ahead

**It's a busy time of year on the field of play for Ranelagh Gaels with the lads beginning their Championship campaign and the ladies busy with their league programme.**

The Championship doesn't kick off until August for the Ladies so their focus at the minute is on the league. They've had a difficult start, following their promotion last year, but to their credit the

players are putting in a tremendous amount of work on the training field under new coach James Trimble.

The men's team are away to Round Towers of Clondalkin on June 16th in their Championship opener. For the first time ever there will be a second men's team in Championship action, taking part in the Junior D Championship, beginning with a trip to

Robert Emmets on June 15th.

The Gaels are currently on a great run of form, winning 11 out of 13 competitive games thus far in 2011, leaving them just a point off the top of the league and with a cup semi-final to look forward to later in the year.

Following on from the clubs involvement in the GAA's Lá na g Club in recent years, the Gaels

are planning a Summer event for its members and the local community. Plans are in progress and details will be available around the village in the coming weeks.

**The next club lotto draw takes place in Smyths on June 26th where the jackpot will be €1,100. Tickets cost €2 and are available on the night, from usual outlets and online through [www.ranelaghgaels.ie](http://www.ranelaghgaels.ie)**



# Sunny days at Merrion CC

Opening Merrion batsmen Ben Ackland & Dom Joyce



Loyal Merrion supporter Anne Short with Jeff Short



Score Keepers: Mary Magee, Lexi Kerrigan.



Back row - left to right - Ben Ackland, Cillian O'Donoghue, Neil Brown, Alex Chetkovich, Matt Petrie, Damian Poder Front row - Left to right - Jeff Short, Dom Joyce, Kade Beasley, John Anderson (c), Tyrone Kane



Damian Poder



Above: Merrion coach: Noel Knight  
Below: Robert Stanton



Fast bowler Dwayne McGerrigle



Dom Joyce and Ben Ackland in action.

**Merrion Cricket Club, the reigning All Ireland champions, played Donemana the 2008 finalists at Anglesea Road on Saturday June 12th. Merrion won the toss and elected to bat. Ben Ackland & Dom Joyce got the home side off to a good start with a 1st wicket partnership of 113. Dom Joyce was out for 56 and the innings was then built around a fine innings of 123 by Ben Ackland. Matt Petrie batted well for 43 also. Merrion ended up on 271 for 8 after 50 overs.**

Donemana required 272 for victory and got off to a reasonable start with a steady opening partnership of 40. Some good bowling by the home side restricted Donemana to

136 for 4 wickets after 33 overs. Merrion seemed in control of the game until McGerrigle came to the crease. Damian Poder was brought on from the Hazeldene end and McGerrigle gratefully accepted the challenge. McGerrigle scored a fine 65 off 27 balls which brought Donemana right back in to contention. They now required 56 runs from the last 8 overs with 3 wickets in hand. Dom Joyce returned with the ball and after being dispatched to Herbert Park for a huge 6, had McGerrigle caught at long on which effectively ended Donemana's chances. The tail was cleaned up by Petrie and Kane and Merrion won by 27 runs. **The pick of the bowlers was Tyrone Kane with 4 for 34 off 10 overs.**



# Leinster Road

## Look and you'll see beauty

By David Paton



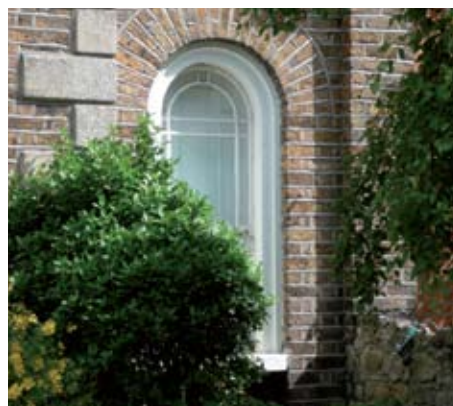
The Rathmines entrance originally had gates across the entrance to Leinster Road



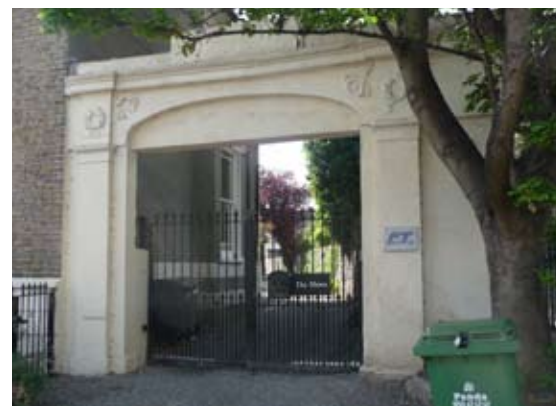
Note the beautiful ironwork which decorates many of these fine entrances. This particular detail is called a paramet which takes its influence from a branch of a palm tree.



Houses built in the Regency Style on the Rathmines Side. Note the wrought Iron balconies.



A finely detailed window near the Harolds X Entrance



A Regency /Stable yard entrance expression



Mid Leinster Road, Walbourne Tce., look up and see the original name. Note the circular Regency-inspired decoration)



Rathmines Library, built in the Baroque style in 1913



Mid Leinster Road: Victorian houses, note the red brickwork

### If you live or work in Dublin 6 at some time you will have walked or driven down Leinster Road.

We all agree the houses are very elegant and indeed many of us as student's have lived in the basements, and attics. Some of us are lucky enough to even have bought one of these fine old houses and restored it. But to me what is most interesting about Leinster Road is the diversity in architecture between 1840 and 1920. Although we might think they are Georgian houses and they have a Georgian expression (facade), technically they are not, as the Georgian period officially ends in 1830. What we do see which is fascinating to me is the Regency period creeping in. With Dublin

being so close to London no doubt the well heeled owners of Leinster Road who visited London saw this fashionable regency style then in vogue and started coping it by applying the fashionable plaster stucco work to the front of their own houses. You can also see at the Rathmines entrance side a magnificent example of a stable yard entrance with a regency expression. (see picture above).

Across the road from the Stable yard entrance are three magnificent examples of Regency architecture. Note the decorative architectural plasterwork on the facade. Also typical of this period is the use of wrought iron work, presumably influenced by the Industrial Revolution where iron work became very

prominent. In this case it is used on the balconies of the houses pictured above. Further up the road we see a more Victorian influence creeping in circa 1890 - 1910 and this is very evident on mid Leinster Road. These can be easily identified by their more gothic expression and decorative coloured brickwork. It takes a trained eye to pick out many of these details and indeed there are many design fanatics who can tell you a lot more than I could ever do. But at the end of the day Leinster Road is an architectural delight and when you look up and around you all you see is beauty particularly on a warm summers day.

Officially, Leinster Road was laid out around 1840 by Frederick Jackson through the lands of

Mowl'd Farm. Walter Meyler bought some acres of the farm as building ground, pulled down the old farmhouse and built 'two houses with stucco fronts'. These are probably the two houses which stand behind the library. The road originally had gates across the entrance at the Rathmines end.

Like other parts of the area, Leinster Road was home to several historic figures. Countess Markievicz and her husband, Casimir, lived at No. 49b. The Earl and Countess of Longford, Edward and Christine, lived in No.123 Grosvenor Park, now demolished and replaced by a new development of town houses. The Longfords were probably best-known for their involvement in the Gate Theatre

with their company Longford Productions. They were familiar figures in the foyer of the Gate in the 1950s with their collection boxes, trying to raise funds to keep the theatre open when the Corporation laid down stringent safety requirements. They succeeded but the refurbishment cost £30,000, much of it paid for out of their own pockets.

The gates and piers which guarded the entrance to Leinster Road were removed to form the entrance to Rathmines Waterworks at Bohemabreena.

Further along Rathmines Road is the lovely Leinster Square, which like other 'squares' in the city is not really a square, nor was it built as such. The terrace facing Rathmines, built in the

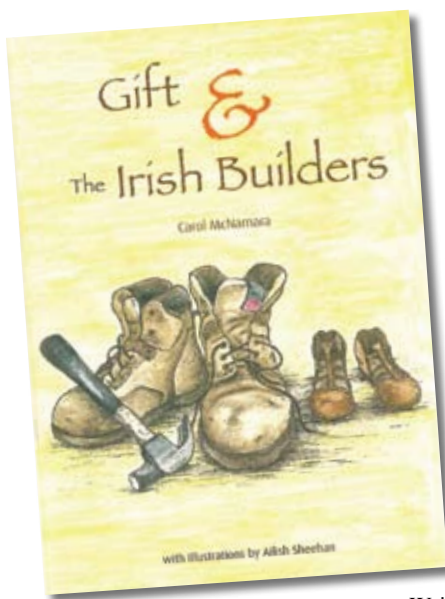
1830s, was originally called Leinster Terrace and the north and south sides which followed were known as Connaught and Ulster Terraces. In the 1860s, Thomas Grubb lived in No. 21 and later his son, Sir Howard Grubb, lived in No. 23. Lafcadio Hearne lived in No. 30, as did the architects John and Frederick Butler, at a later date. James Stephens lived at No. 2 in 1914. Charles Gavan Duffy lived for a short time in No.4 in the mid-1840s. Like Leinster Road the square had gates across the entrance and the two stone gateposts can still be seen to this day.

(Source: Deirdre Kelly "Four Roads to Dublin")



# Gift & The Irish Builders

A new Children's book published in Aid of the Niall Mellon Township Trust



A new children's book entitled 'Gift and the Irish Builders' has been published to raise funds for the Niall Mellon Township Trust.

Inspired by the author's experience of volunteering with the Irish 'Builders Blitz', the book tells the story of Gift, a nine year old boy living in a shack in a township near Cape Town who spends an exciting week helping Irish builders to build proper homes for his family and their neighbours.

Written by regular 'Builders Blitz' volunteer Carol McNamara with beautiful watercolour illustrations by Ailish Sheehan, 'Gift and

the Irish Builders' gives a moving and often funny insight into the life changing effect the Builders Blitz has on one young boy.

Aimed at children aged nine upwards, 'Gift and the Irish Builders' is available online from [www.giftandtheirishbuilders.com](http://www.giftandtheirishbuilders.com) for just €10 (including post and packaging) and all profits go directly to the Niall Mellon Township Trust.

# Entrepreneurs' Ideas Wanted

**Lucinda Creighton encourages Local Young Entrepreneurs to Submit Ideas to Minister for Children and Youth Affairs to win research grant of €15,000 and week shadowing top Irish entrepreneur**

Lucinda Creighton TD has urged local entrepreneurs between the ages of 15 and 22 to submit their ideas on job creation to the Minister for Children and Youth Affairs.

"The Department of Children and Youth Affairs is organising a nationwide campaign offering young people with ideas on job creation the opportunity to put their proposals to the new Government."

"This is a great initiative and I urge any local young person to get involved in this competition. It would be fantastic to have local participation in this programme which offers some exciting rewards for winning proposals.

Entries are being evaluated by leading Irish business people and entrepreneurs."

The competition is being organised in conjunction with TV3's "Every Job Counts" campaign and in line with the Government's focus on job creation. The young people behind the top proposals will be given the opportunity to shadow a leading business person and the overall winner will receive a research grant of up to €15,000.

"Young people, like so many in our community, are worried about the recession, about their parents employment and about their own future employment. Many of them have huge energy and ideas for economic development and this initiative will help them structure those ideas into workable proposals," said Lucinda.

"Participants will be rewarded for their effort by receiving

constructive feedback from business leaders. The young people who develop the best job creation proposals will be given the opportunity of spending a week shadowing a successful Irish entrepreneur and the top entry will also win a research grant with Amarach research of €15,000. I would urge any local young person to avail of this opportunity and let their ideas be heard.

Plans should be submitted by email or post to the Department of Children and Youth Affairs, Mespil Road, Dublin 4 before Friday July 22nd 2011 and will be assessed and awarded shortly thereafter.

**To enter this competition simply email your proposal to [minister\\_fitgerald@health.gov.ie](mailto:minister_fitgerald@health.gov.ie) or send it to Minister Frances Fitzgerald, Dept. of Children, Mespil Road, Dublin 4. For more information log on to [www.omc.gov.ie](http://www.omc.gov.ie)**

# Was Madeleine abducted?

Four years after she disappeared in Portugal, Madeleine McCann has not been found.

Kate McCann has written her account of her daughter's disappearance and the aftermath **By Enid O'Dowd**



**You're meeting seven neighbours, with eight children under four between you, in one of Ranelagh's many restaurants, only 120 metres or so from your homes which you can't see from the restaurant; what do you do about childcare?**

That was the 'almost' equivalent dilemma faced by Kate and Gerry McCann and their friends on their holiday in Praia da Luz in May 2007 - except they were not on their home patch as you were in Ranelagh. The group, which became known as the Tapas nine and six of whom were doctors, decided to make 30 minute checks. This system, Kate claims, had worked on previous evenings but when she checked at 10 pm on Thursday May 3rd, Madeleine was not there and, despite an international search involving the Portuguese and UK police and private detectives, she has still not been found.

Last month Kate McCann pub-

lished "Madeleine - our daughter's disappearance and the continuing search for her". In the foreword of the book she states that her "reason for writing the book is to give an account of the truth". Isn't that odd phraseology - surely there can only be one version of the truth? All kinds of tales have circulated about Madeleine's disappearance according to Kate, and indeed they have; the publication of this "truthful" book seems to have accelerated the internet debates on the discrepancies in the McCanns' story.

The book is actually the story of Kate's life to date. It covers her childhood, her education, her meeting and marriage to Gerry McCann and the births of their three children. The McCanns needed a series of IVF treatments to become parents which makes it all the more odd that they would leave three children under four in an unlocked apartment on the ground floor in a foreign country.

According to Kate, all three children were good sleepers. She did not want to use the evening crèche provided by the holiday company; understandable as her children had a routine and were in bed by the time the crèche opened at 7.30 pm.

She argues on p. 54 that it would have been unwise to leave the children with someone neither they nor themselves knew. Yet her children were happy in the day childcare facilities and had come to know the staff who were available, at extra cost, to babysit for clients in the evening.

She states "we felt so secure we

simply didn't think it was necessary (to hire a babysitter) and our own apartment was only 30-45 seconds away".

An astonishing statement.

Surely security concerns are not the main reason parents organise babysitters? As a GP, she more than anyone, would appreciate that the risks of leaving children alone at night do not relate to "security" but to other factors, like vomiting and choking, waking up from a nightmare, wetting the bed, and febrile convulsions which affect one in twenty children under five.

Kate does not mention a witness statement by Pamela Fenn who lived in the apartment above stating that she heard a child crying for 75 minutes on Tuesday May 1st calling for "daddy". This contradicts Kate's statement of 30 minute checks.

The book cover proclaims that all royalties are donated to the Madeleine Fund. A company called Madeleine Fund: Leaving No Stone Unturned Ltd was incorporated on 15 May 2007. According to Kate, over the weekend of 11th, 12th and 13th May she and Gerry had meetings in Praia da Luz with a paralegal from the International Family Law Group and a barrister. The barrister told them "our behaviour (in leaving the children unattended) could not be deemed negligent" and was "well within the bounds of reasonable parenting".

The legal pair suggested the McCanns use London solicitors Bates Wells and Braithwaite to

set up a company to manage the funds that would be donated. On p.137 she records that this firm drew up articles of association for the fighting fund (limited company) and talked to the Charity Commission who ruled that the proposed company did not meet the requirements for charity status as it focussed on one child and did not meet the public benefit test. Hence Kate says, the decision was that "it would be a 'not for profit' private limited company. It was set up with great care and due diligence by experts in the field".

From the dates Kate gives, it would appear that Bates Wells and Braithwaite could not have had instructions to act until Monday May 14th, yet they were able to incorporate the company the very next day.

A day is very little time for the solicitors to have drafted company documents for this proposed company which was not an ordinary trading company, to have agreed the documents with their clients the McCanns who were in Portugal and also to have obtained a ruling from the Charity Commission.

And what was the hurry given that Madeleine could have been found at this early stage of the investigation?

On p.138 Kate says "everyone agreed that despite the costs involved it (the company) must be run to the highest standards of transparency".

To date, three sets of accounts have been filed with the UK Company's office. In the first set

going to March 2008 an analysis of expenditure is given though this is not a statutory requirement under UK law. However the accounts filed for the years to March 2009 and to March 2010 give no expenditure analysis. Now this is perfectly legal but not the "transparency" to which Kate referred. In 2009 for example the only expenditure information filed gives the merchandising and campaign costs as €974,786 and the administration expenses as €30,865. Not very informative!

When the McCanns were made arguidos (suspects) in September 2007 Kate refused on legal advice to answer the 48 questions put to her. This was her legal right but the refusal fuelled the doubts about her story. It is understandable why she might not want to answer questions in a foreign country with the possibility of mistranslations complicating her difficult situation but surely there is no reason now not to put the record straight by answering the questions in her book. She doesn't do so.

British sniffer dogs Eddie and Keela and their handler Martin Grime were used by the Portuguese authorities. These dogs had a 100% accuracy rate in 200 cases and found both blood and cadaver (dead body) traces in various places in the holiday apartment and in the boot of the car rented after the disappearance. Kate says that research Gerry conducted after the Portuguese police showed them the video of the dogs' search revealed that dog evidence is unreliable. She quotes Gerry as dismissing the sniffer dog video as "the most subjective piece of

evidence gathering imaginable". She claims that the dogs had merely been trying to please their instructor.

If you read this book without having read the other material available which questions the abduction theory, you could not fail to have the greatest of sympathy for the McCanns. However, it is a statistical fact that in the majority of missing children cases, a family member, a neighbour or someone known to the child, is involved. The Portuguese police would have been negligent if they did not consider this possibility. They did not find any forensic evidence of an intruder in the apartment which had been to some extent contaminated by the Tapas group searching the apartment when Kate raised the alarm.

Since the book was published last month, Scotland Yard has agreed to conduct a review. A reconstruction of that evening which the Tapas nine initially agreed to do but which never happened would help. Hopefully the review will be independent with the co-operation of all and with no possibilities excluded.

The book costs €15.99 in local shops and is published by Bantam Press.

**Relevant Websites**  
[www.madeleinefoundation.ie](http://www.madeleinefoundation.ie)  
[www.jillhavern.ie](http://www.jillhavern.ie)  
[www.joana-morais.blogspot.com](http://www.joana-morais.blogspot.com) (includes Portuguese police files)  
[www.findmadeleine.com](http://www.findmadeleine.com)  
[www.mccannfiles.com](http://www.mccannfiles.com)  
[www.truthformadeleine.com](http://www.truthformadeleine.com)



## Competition Time!



**WIN A FAMILY PASS TO THIS YEARS DUBLIN HORSE SHOW**

**This year's Discover Ireland Dublin Horse Show takes place from the 3rd-7th of August and we have 4 Family Passes to give out to 4 lucky readers!**

Entry is simple, all you have to do is either fill out the form below and post it to us, or send the same details on a postcard to:

**RDS Competition, Town & Village Newspaper, Unit 1, 15 Oxford Lane, Ranelagh, Dublin 6**

Online ticket booking and a provisional programme of events are now available online on the 2011 Discover Ireland Website at [www.dublinhorseshow.com](http://www.dublinhorseshow.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_



**DISCOVER IRELAND  
Dublin Horse Show**

## Home Movie Treasures Wanted

Mind the Gap Films are pleased to announce a new production: **The Last Irish Beauty Queens**, a two part series that will celebrate the rich and varied history of community festivals all over the country and the high-point of crowning their local Festival Queens. We will be filming at a number of these festivals this summer, working closely with the organisers and the dedicated volunteers who put so much energy and effort into giving their local towns and villages a weekend to remember.

Mind the Gap Films want to illustrate this special part of Ireland's history with a wealth of home movie and video footage of Festival Parades, Baking Competitions, Bonny-Baby and Fancy Dress pageants, and 'home craft' prize-givings. But most importantly we want to hear from any members of the public who have documented their local Festival Queen competitions. We need footage of contestants, the build-up to the events, grand finals and crownings, judges, celebrations, and the Festivals themselves.

Please share your home-movie treasures. The series will be broadcast on TV3 later this year.

Contact: Jennifer Healy/ Fran McNulty at 01 6624742 or on [beautyqueens@mindthegap-films.com](mailto:beautyqueens@mindthegap-films.com).

## Frank O'Dea "Bloom" An Exhibition of Oil Paintings



"The Anglo Irish Shareholder"

**Opening reception:  
Wed 22nd June  
6:30-8:30pm**

**Exhibition:  
Tuesday  
21st - Sat 25th June  
11am - 6pm**

Dublin artist, Frank O'Dea showcases a collection of his colourful paintings at the Ranelagh Arts Centre, 26 Ranelagh in June.

Frank has developed his own unique style in the use of vibrant colours with regular themes including cafe/bar scenes, musicians, social encounters, fashion models and some 'quirky' subject matters. Recently he has begun to explore abstract painting.

A self taught artist, Frank works from his

studio in Clontarf. In June 2010, he set up his own gallery - Balla Bán, at the Westbury Mall. His first solo show was at The Crow Gallery and he has exhibited at the RDS Art Fair and Kenny's Gallery, Lahinch.

**Curated by Tony Strickland**

[www.ballaban.net](http://www.ballaban.net)

## Energy Island



We hear a lot about global warming, renewable energy and climate change nowadays. The need seems to be clear enough but, as yet, only around 12.9% of the energy supply required by the world comes from renewable sources.

The fastest growing technology is solar electric power, yet this continues to be among the most expensive option and will continue to be so for several more years. The good news is that a recent report on climate change

says that renewable technologies could provide 80 per cent of the world's energy needs in the next thirty years or so. However, there is a solution closer to hand than we may think, and that solution is just a few hops across the water to one of our beautiful islands - El Hierro, once known as 'Fire Island'.

El Hierro gained its original name of 'Fire Island' from its origins of volcanic eruptions many years ago, and although volcanic activity has now gone, the natural Earth

forces of water and wind remain. These power sources are now due to be harnessed so that by 2012, this small island in the Atlantic will be the first to be able to generate all of its electricity needs from sources that are renewable.

There is plenty of wind on El Hierro and also enough rain to meet the needs of the 10,700 inhabitants of the island, and the five wind turbines in the north east of the island will produce enough electric power to supply all of the island's energy needs, as well as

pumping water from a reservoir near the harbour to a bigger reservoir at a higher level within a volcanic crater. What if there is no wind? Well, in that case, water is released from the higher reservoir through these pipes that will drive hydraulic turbines to create electric energy. Therefore, electricity can be produced by wind or water power. Clever stuff!

This project in El Hierro is the first that does not use electricity produced from traditional methods, and contributes to moving the island towards being totally self-sufficient.

This project alone means that the island will meet 100% of its energy needs by 2015, but El Hierro has launched other sustainability projects too. The island is mainly agricultural, and is a leader in organic farming, as well as in projects that convert sewage into fertiliser and methane.

If you enjoyed this article, take a look at Barrie's websites: [www.barriemahoney.com](http://www.barriemahoney.com) and [www.thecanaryislander.com](http://www.thecanaryislander.com) or read his latest book, 'Letters from the Atlantic' © Barrie Mahoney

Read Barrie's blog: [www.barriemahoney.com](http://www.barriemahoney.com)

Town&Village

## Earn Good Commission Advertising Sales Agents required:

Town and Village is a fast growing, local monthly newspaper serving the Dublin 4, 6, 8 and surrounding areas. We are nearly 3 years old and are currently looking for sales reps to work on a commission only basis. The commission is high, so if you've got some spare time and you know the local area well it would be an ideal opportunity for you to make some extra cash.

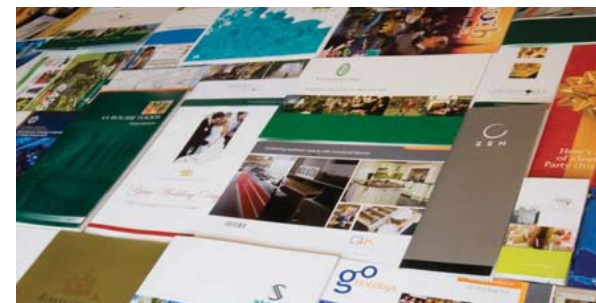
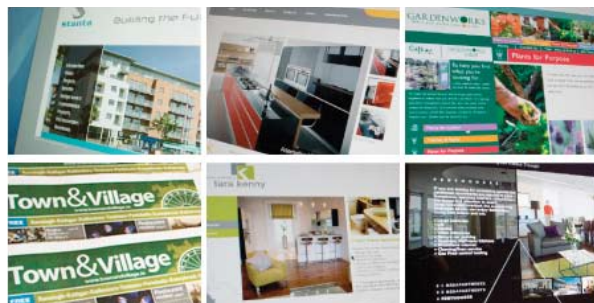
**If you are interested call David Paton (Paragon) on 01 4966 004 and see if we can make a deal.**



## Web Design

## Logos & Branding

## Leaflets, Posters



### Climb the Google Rankings

Manage your own site, full training  
Content Management Systems & SEO work

- High Standard of design & layout
- ON or OFFSITE training & support
- E-Commerce, E-zines & Web Advertising
- Photography & video design

### Get noticed by looking sharp

A professionally designed logo and  
branding application stands out

- Logo designs, logo upgrades
- We present you with options to choose from
- We take the approved logo and apply the branding to websites, flyers, vans, shops etc.

### Promote your business

Upgrade your company flyers, brochures,  
use direct mail or posters effectively

- The internet is great, but how do I get people to find my new product range and service ?
- Short or long run printing
  - Direct mail, delivery and fulfillment
  - Menus printing, flyers, newsletters



## One stop creative shop

What makes us different? Creativity, knowledge, experience and service. With over 20 years of graphic design experience we can design bespoke websites which will greatly improve your Google rankings. Alternatively, depending on your budget, we also provide template-based websites. Back this up with a full design and print service and you have everything on your doorstep. Call us now and let's see if we can help you.

**Oxford Lane, Ranelagh, D6 Tel: 01 4966004**

email: [info@paragondesign.ie](mailto:info@paragondesign.ie) • [www.paragondesign.ie](http://www.paragondesign.ie)



**PARAGON**

## ELECTRICIAN Charles Locke

- **Over 30 years experience**
- **No job to big or small**
- **RECI Approved**  
(Register of Electrical Contractors in Ireland)

**T: 01 4960750**  
**M: 087 2340610**

W: [yourlocal.ie/electrician](http://yourlocal.ie/electrician)  
E: [celocktd@irishbroad-band.net](mailto:celocktd@irishbroad-band.net)



## KDR

Heating and Plumbing Services

Call Kevin today on  
**087 799 1541**

- Gas & Oil Heating
- Boiler Servicing/Breakdown
- Cylinders & Attic Tanks
- Bathrooms/Ensuites (Design & Fitting)
- Burst Pipes & Cold Spots on Radiators
- Garden Taps & Showers
- Bath/Sink Taps Replaced



**Free Quotes • 24 Hour Service**  
[www.kdrboilerservices.ie](http://www.kdrboilerservices.ie)



## Mark McKeever Landscaping

- *Garden Design*
- *Advice*
- *Planting*
- *Landscaping*
- *Maintenance*
- *Free Quotations*

**086 124 2801**



G2 Construction are fully insured and are tax compliant, holding a current C2 Certificate.

- **Delivery within your budget**
- **Programed to suit your timeframe**
- **Options to suit your needs**
- **Attention to your finishes**

**Free Estimates**

**G2 Construction Ltd**  
create • construct • complete

Contact: Gareth:086 8527 926 or Greg: 086 3836 359  
G2 Construction Ltd. 64 Templeville Drive, Templeogue, Dublin 6W  
[www.g2construction.ie](http://www.g2construction.ie)



## Accountant - Frank Connolly

*This month you should be...*

**Tax Tips - June 2011**

### Rent Relief

- Rent Relief to be phased out over 8 years
- Tenancy after December 11th 2010 does not qualify

### Professional Subscriptions

- Subscriptions paid by an employer on behalf of a employee are now treated as a benefit in kind

### Dirt Tax

- The standard rate of tax is from 1st January is 27%
- Where Interest paid less frequently than annually tax is deducted @ 30%

**Capital Acquisition Tax**  
• The new group tax free thresholds from 7th December 2010 are:  
Group A: €332,084  
Group B: €33,208  
Group C: €16,604

### PRSI

- Self – Employed PRSI rate increased to 4%
- There is no exemption And no ceiling.

### Child Care Allowances

- Child care facilities are no longer exempt from benefit in kind.

### Universal Social Charge

- USC applies rates applying from 1st January 2010 are:
- |    |       |         |
|----|-------|---------|
| 0  | -     | 10036   |
| 2% | 10036 | - 16016 |
| 4% | 16036 | - 16016 |
| 7% |       |         |
- For persons over 70 years the maximum rate is 4%

# Superquinn



Our butchers are trained to offer the best cuts, the way you want.

[www.superquinn.ie](http://www.superquinn.ie)

  
*Ireland's Fresh Food Specialists*